

## Continuing Professional Development for Primary Care, Newsletter for GPs and Practice Staff in Berkshire West

*We hope that you find this Opportunities newsletter useful.*

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### What's On?

#### **Events in the Trust Education Centre, Royal Berkshire Hospital Site:**

Please contact **Sue Anderson** for further information: [sue.anderson@royalberkshire.nhs.uk](mailto:sue.anderson@royalberkshire.nhs.uk)  
0118 322 7842

11 <sup>th</sup> February 2009	<b>Cancer Screening Update</b>
25 <sup>th</sup> March 2009	<b>ENT Update</b>
1 <sup>st</sup> April 2009	<b>Ophthalmology Update</b>
6 <sup>th</sup> May 2009	<b>Obs &amp; Gynae Update</b>
3 <sup>rd</sup> June 2009	<b>Combined Joint Update (tbc)</b>
24 <sup>th</sup> June 2009	Repeat of <b>Child Health Update</b>
8 <sup>th</sup> July 2009	<b>Renal Update</b>
9 <sup>th</sup> September 2009	<b>Minor Surgery Skills course</b>
14 <sup>th</sup> October 2009	<b>Mental Health Update</b>
4 <sup>th</sup> November 2009	<b>Obs &amp; Gynae Update</b>
9 <sup>th</sup> December 2009	<b>Dermatology Update</b>

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### Other Local Events:

#### **University of Reading, Institute of Health Sciences**

The Institute of Health Sciences is based on the London Road campus of the University of Reading. Please contact Liz Sanneh on 0118 378 6863 or email [e.a.sanneh@reading.ac.uk](mailto:e.a.sanneh@reading.ac.uk) for more information about booking.

14 <sup>th</sup> March 2009 8:30 - 3:30	<b>"Care of the older person"</b> for healthcare professionals, volunteers, and carers. £25
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#### **Obesity management course**

The obesity management course due to commence at Reading University in the spring has been postponed until the autumn. Details will be circulated soon to all who have expressed an interest in this course. If you would like further information please contact Ros Crowder on [ros.crowder@nhs.net](mailto:ros.crowder@nhs.net)

#### **Mental health**

The Charlie Waller Memorial Trust provides resources and projects to support greater awareness of depression including the establishment of training at Reading University [www.cwmt.org](http://www.cwmt.org)

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24<sup>th</sup> February 2009

[Men & Women's Sexual Health Update](#) - Holiday Inn Hotel, 500 Basingstoke Road, Reading RG2 0SL - Booking form attached to this email or open link - Closing date 17<sup>th</sup> February.

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## Further afield:

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### GPs

- 26<sup>th</sup> & 27<sup>th</sup> January 2009 **4<sup>th</sup> Medical Update for the General Practitioner** - LGA Conference Centre, Local Government House, Smith Square, London SW1P 3HZ. Information can be found at [http://www.infomedltd.co.uk/events/09\\_01\\_gp3/about.htm](http://www.infomedltd.co.uk/events/09_01_gp3/about.htm)
- 5<sup>th</sup> - 6<sup>th</sup> February 2009 **Dermatology in General Practice** at Chancellors Conference Centre, University of Manchester. For further details contact Mrs Vivien Robinson, Photobiology Unit, Dermatology Centre, Salford Royal Foundation Hospital, Stott Lane, Salford, Manchester. M6 8HD. Tel: 0161 206 1150 - Fax: 0161 206 1156 - Email: [vivien.robinson@manchester.ac.uk](mailto:vivien.robinson@manchester.ac.uk)
- 25<sup>th</sup> February 2009 **Compassionate Cities - Public Health and End of Life Care**, a lecture by Professor Allan Kellehear - University of Bath to be held at Winchester Guildhall. Admission free. To reserve a place email: [mark.roland@porthosp.nhs.uk](mailto:mark.roland@porthosp.nhs.uk)
- 2<sup>nd</sup> - 6<sup>th</sup> March 2009 **GP Refresher Course**. £500 all refreshments included. For further details contact Miss Jane Gois, GP & Postgraduate Medical Education Administrator, Postgraduate Medical Centre, Charing Cross Hospital, Fulham Palace Road, London, W6 8RF. Tel: 020 8846 7223 - Fax: 020 8846 7704 - Email: [jane.gois@imperial.nhs.uk](mailto:jane.gois@imperial.nhs.uk)
- 10<sup>th</sup> March 2009 **Oxford Deanery Revalidation Conference** - Milton Hill, Abingdon. For appraisers, practice managers and all involved in appraisals. Further details to follow.
- 25<sup>th</sup> March 2009 **Revalidation Conference** - to be held at The Congress Centre, London. For more information please go to: [www.revalidationmovingforward.co.uk](http://www.revalidationmovingforward.co.uk)

### Nursing

- 31<sup>st</sup> January 2009 **RCN Obesity Conference and Exhibition 2009** - For further information please contact Priya Tekchandani - Tel: 020 7647 3581 - Fax: 020 7647 3411 - Email: [obesity@rcn.org.uk](mailto:obesity@rcn.org.uk) or see [www.rcn.org.uk/events](http://www.rcn.org.uk/events)
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### Charles Bloe Training Dates

- 3<sup>rd</sup> February 2009 **Continence Management** - London  
3<sup>rd</sup> & 4<sup>th</sup> February 2009 **Acute Medical Emergencies** - Glasgow  
10<sup>th</sup> February 2009 **Chest X-ray Interpretation & ABG Analysis** - London  
10<sup>th</sup> & 11<sup>th</sup> February 2009 **Minor Injuries Management** - Glasgow  
16<sup>th</sup> & 17<sup>th</sup> February 2009 **Acute Medical Emergencies** - Cardiff

24<sup>th</sup> February 2009                      **Chest X-ray Interpretation & ABG Analysis** - Glasgow  
27<sup>th</sup> February 2009                      **Chest X-ray Interpretation & ABG Analysis** - Perth

Please contact Tracy Hamilton on Tel: 01324 411013 Email: [tracy.hamilton@cb-training.com](mailto:tracy.hamilton@cb-training.com) Or [www.cb-training.com](http://www.cb-training.com)

31<sup>st</sup> March 2009                      **Prevention & Management of Cardiovascular Disease** - Blood Pressure Unit, St George's Hospital, London SW17 0RE. For further details contact Nirmala Markandu - Tel: 020 8725 2849 - Fax: 020 8725 2959

20<sup>th</sup> June 2009                      **RCN Sexual Health Forum Conference and Exhibition 2009** - For further information contact Mirka Ferdosian - Tel: 020 7647 3583 - Fax: 020 7647 3411 - Email: [sexualhealth@rcn.org.uk](mailto:sexualhealth@rcn.org.uk) or [www.rcn.org.uk/events](http://www.rcn.org.uk/events)

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### **Healthcare Professionals**

27<sup>th</sup> January 2009                      **The Obesity Challenge** - Cooking Up a Storm - Department of Health Conference at The Congress Centre, 28 Great Russell St, London WC1B 3LS. For further information see [http://www.wellbeingsoutheast.org.uk/healthy\\_weight/newsandevents/events\\_list/](http://www.wellbeingsoutheast.org.uk/healthy_weight/newsandevents/events_list/)

18<sup>th</sup> February 2009                      Free One Day Conference - **Cancer and Men** at Lane End Conference Centre, Lane End, Buckinghamshire. HP14 3HH

4<sup>th</sup> March 2009                      **Children & Young People's Network Transitional Care Study Day**- The Ark Conference Centre, Dinwoodie Drive, Basingstoke. To book see attached flyer or follow the link.

17<sup>th</sup> March 2009                      **21<sup>st</sup> Century Babies** - The joys and challenges for parents and society at the Resource Centre, 356 Holloway Road, London. N7 6PA . Organiser Cath Armstrong - [cath.armstrong@yahoo.co.uk](mailto:cath.armstrong@yahoo.co.uk) or 01789 450952

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### **Open To All Staff**

[NHS Live](#) have the following dates for your diary. The events are free and they are a really great way to gain valuable skills and network, so be sure to get involved.

13<sup>th</sup> February 2009                      **Writing for Success Seminars** - Local Government House Conference Centre, London

19<sup>th</sup> February 2009                      **Writing for Success Seminars** - Somerset County Cricket Club, Tauton

The NHS Live Team is in the process of developing a full events programme for 2009. The dates for these events are to be set over the coming weeks and can be obtained from the NHS Live website.

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## Useful information:

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A new careers site which has generic and speciality information for trainees, from writing an effective CV and tips for interviews, to details about sub specialities in a particular field. It also has an area for anyone supporting trainees with a career decision. Go to [www.medicalcareers.nhs.uk](http://www.medicalcareers.nhs.uk)

A resource from the Eastern Deanery [www.pdptoolkit.co.uk](http://www.pdptoolkit.co.uk)

NHS Clinical Knowledge Summaries (CKS, formerly PRODIGY) are a reliable source of evidence based information about common conditions managed in primary care. Go to <http://cks.library.nhs.uk/home> The site also includes weekly gems from Cochrane and podcasts.

An information governance tool kit is available to support NHS organisations and staff in handling information correctly at <http://www.igte-learning.connectingforhealth.nhs.uk/igte/index.cfm>. Training modules include those relevant to general practice.

An online toolkit for successful communication is available at <http://www.odi.org.uk/rapid/Tools/Toolkits/Communication/tools.html>

The Health Protection Agency has launched eHealth, an online education and training service for healthcare professionals. See <http://www.hpa.org.uk/webw/HPAweb&Page&HPAwebContentAreaLanding/Page/1153822623843?p=1153822623843>

A complimentary HIV/AIDs annual evidence update is available from the Infections Specialist Library focussing on virological methods, viral testing and promotion of HIV testing. For more information please see <http://www.library.nhs.uk/publichealth> or <http://www.library.nhs.uk/infections>

A CAMHS online training package is now available which includes "What is mental health" , "how CAMHS are structured" and "mental health problems & disorders". See <http://learning.camhs.org.uk>

### **Paediatrics and Child Health Studies (MSc/Diploma) 2 years part time at Cardiff University Course**

Details at <http://courses.cardiff.ac.uk/postgraduate/course/detail/840.html>

### **Open College Cognitive Behavioural Therapy Studies Diploma Course**

Information can be found at <http://www.opencollege.info/cbt.html>

**Cognitive Behavioural Therapy** information can be found at [www.psychology.soton.ac.uk/cbt](http://www.psychology.soton.ac.uk/cbt) or contact [s.j.farr@soton.ac.uk](mailto:s.j.farr@soton.ac.uk)

**Hot Topics GP Update Course** Information can be found at <http://www.nbmedical.co.uk>

**Postgraduate Diploma in Evidence-Based Psychological Therapies** information can be found at [www.reading.ac.uk/charliewaller](http://www.reading.ac.uk/charliewaller) or contact [csi@reading.ac.uk](mailto:csi@reading.ac.uk)

**RCGP Minor Surgery Course** Information can be found at <http://www.rdlearning.org.uk/coursedetails.asp?ID=36913> or Email: [info@rcgp.org.uk](mailto:info@rcgp.org.uk) or Tel: 020 7581 3232

**Revalidation Update** - The latest news on revalidation can be obtained from [www.revalidationsupport.nhs.uk](http://www.revalidationsupport.nhs.uk)

