

Using the Internet to learn about migraine management

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Headache management is a core skill

- Headache is one of the mostly commonly occurring patients problems
- Identifying migraine accurately by taking a suitable history leads to appropriate management

Top resources

- www.bash.org.uk/
- www.learning.bmj.com
- www.mapofmedicine.com
- www.evidence.nhs.uk
- www.cks.nhs.uk

British Association for the Study of Headache

- The revised 4th edition (2010) BASH Guidelines for the diagnosis and management of migraine and tension-type headache has useful checklists for diagnosis

NHS evidence

- Has taken over from CKS, more comprehensive
- Links to NICE guidance and NICE pathways (although there isn't one for Migraine) and has of Cochrane reviews and patient UK leaflets

CKS

- Son of prodigy
- Sometimes quicker to find information on it than NHS Evidence as it has less on it
- Adult, child and pregnancy and breast feeding scenarios
- Prescribing advice clear and simple

BMJ learning

- Acute back pain (interactive case history)
- Chronic back pain (interactive case history)
- Shingles (just in time)
- Osteoarthritis (in assoc with NICE, interactive case)
- Chronic tension headache

Map of Medicine Pathways

- Good headache pathway (Oct 2010) with red flags but no specific resource for migraine

BMJ Learning

- Migraine module (not free) “just in time”