

I am writing to inform you about the **"5th Medical Update for the GP"**. This will be taking place on **Thursday 14 and Friday 15 January 2010** at Russell Square House, 10-12 Russell Square, **London WC1B 5EH**. Following **its excellent evaluation of the last four years**, this course will continue to focus on the practical medical dilemmas faced daily by the busy GP.

This year's list of lecture topics is shown below. For further information, and **full Conference programme**, click the link: http://www.infomedltd.co.uk/events/10_01_gp5/about.htm

Please note that an **"early bird" rate is available** for bookings received (and paid) **by 5 October 2009**.

It is worth highlighting that **attendees will benefit from a Faculty of 16 consultants and Specialist GPs** on subjects such as Neurology, Psychiatry, Cardiology, Medico-Legal, Children's Health, Teenagers, Elderly, Diabetology and Endocrinology, Respiratory Medicine, Gastroenterology, Musculoskeletal, Obesity, Flu Pandemic, Dermatology, Women's and Men's Health.

For further information and programme you can visit our website http://www.infomedltd.co.uk/events/10_01_gp5/about.htm

The conference draws on the know-how of GP and Consultant specialists who can supply the expert, up-to-date information that GP's need for confident, evidence-based decision-making in patient care, and professional satisfaction. The conference presents opportunities to ask and get answers to the difficult questions

If you would like to discuss this course further, or if have any queries, please mail me, or call me on my office number 020 8123 0021 or on my mobile 07747 777 936.

Kind regards

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** If you would prefer not to receive course updates from Infomed, please reply with "Remove" in the subject line. **

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Programme

The practical, comprehensive and intensive two-day course for busy, hands-on GP's organised by **Infomed Research and Training**, on **Thursday 14 and Friday 15 January 2010**, at the Russell Square Conference Centre, 10-12 Russell Square, **London WC1B 5EH**

DAY 1: Thursday 14 January 2010

08.45 - 09.30 Registration, tea and coffee
09.30 - 09.45 Welcome and introduction by chair

09.45 - 10.30

Neurology

Dr Robert Weeks, Consultant Neurologist, King's College Hospital, London

Topics to be included:

- Migraine and other headaches- treatment and management
- Epilepsy
- Small strokes and TIA's
- Parkinson's - potential pitfalls

10.30 - 11.15

Psychiatry

Dr Jo Turner, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust

Topics to be included:

- Treatment of depression
- Managing anxiety states and OCD
- Management of medically unexplained symptoms

11.15 - 11.45 Tea and coffee break

11.45 - 12.30

Medico-Legal, MDU

Medico-legal Adviser, Name to be advised

Topics to be included:

- Latest GMC regulations
- How to avoid litigation
- Clinical cases - lessons to be learned
- Criminal vs. civil

12.30 - 13.15

Children's Health

Consultant Paediatrician, name to be advised

Topics to be included:

- Vomiting babies
- Childhood rashes
- Allergy testing
- Murmurs
- Immunisation

13.15 - 14.00 Lunch

14.00 - 14.45

Teenagers

Dr Janet Barter, Consultant in Sexual and Reproductive Health, Enfield PCT

Topics to be included:

- Sexual health (Chlamydia screening, STDs)
- Human papillomavirus and cervical cancer
- Mental health
- Communications, confidentiality and consent

14.45 - 15.30

Tackling Obesity

Dr Rachel Pryke, General Practitioner, Winyates Health Centre, Redditch

Topics to be included:

- Common metabolic and endocrine sequelae
- Review of evidence behind current approaches
- Recommended practice and referral pathways
- Management options
- Eating disorders - brief update summary

15.30 - 16.00 Tea and coffee break

16.00 - 16.45

Women's Health

Miss Michelle M Fynes, Director of The Department of Urogynaecology & Pelvic Floor Reconstruction, St Georges Hospital, London

Topics to be included:

- Dysmenorrhoea
- Menopause management
- Incontinence
- HRT
- Referral of adolescents

16.45 - 17.30

Men's Health

Dr Simon Holmes, Consultant Urologist, Portsmouth Hospitals NHS Trust

Topics to be included:

- Lower urinary tract symptoms
- Prostate
- PSA and other screening
- Impotence
- Male UT infections

17.30 Close

DAY 2: Friday 15 January 2010

08.45 - 09.30 Registration, tea and coffee

09.30 - 09.45 Welcome and introduction by chair

09.45 - 10.30

The GP and the Flu Pandemic

Consultant (Name TBC)

The final briefing for this lecture will be advised following development prior to the course.

Sample topics:

- Risk assessment, Capacity and Planning
- Issues at the Practice (communications, procedures, personnel and other resources)
- The lessons to date

10.30 - 11.15

Respiratory Medicine

Dr Luke Howard, Consultant Chest Physician, Hammersmith Hospital, London

Topics to be included:

- COPD
- The breathless patient
- Asthma
- Cough
- Spirometry

11.15 - 11.45 Tea and coffee break

11.45 - 12.30

Cardiology

Dr Pat O'Callaghan, Consultant Cardiologist, Barts and The London NHS Trust

Topics to be included:

- Funny turns and blackouts
- AF/multiple ectopic
- Breathlessness - when to suspect the heart
- Atypical chest pain

12.30 - 13.15

Gastroenterology

Dr George Webster, Consultant Gastroenterologist, University College Hospital, London

Topics to be included:

- Chronic diarrhoea
- Abnormal liver function tests
- Dyspepsia
- Small haematemesis
- Chronic abdominal pain (e.g. IBS and diverticulosis)
- Rectal bleeding

13.15 - 14.00 Lunch

14.00 - 14.45

Diabetology and Endocrinology

Dr Alison Wren, Consultant Endocrinologist, Chelsea and Westminster Hospital, London

Topics to be included:

- How to achieve diabetic control in type 2 diabetes
- Insulin vs. triple therapy
- Kidneys and Blood Pressure
- Diabetic dyslipidaemia
- Grey areas in thyroid

14.45 - 15.30

Dermatology

Dr Anshoo Sahota, Consultant Dermatologist, Whipps Cross University Hospital, London

Topics to be included:

- Psoriasis
- Eczema
- Acne
- Moles

15.30 - 15.45 Tea and coffee break

15.45 - 16.30

Elderly

Dr Frances Dockery, Consultant Physician, Dept of Ageing & Health, St. Thomas's Hospital, London

Topics to be included:

- Osteoporosis
- Mobility, falls, Syncope
- Comprehensive Geriatric Assessment
(eg. vision, hearing, memory, etc)

16.30 - 17.15

Musculoskeletal

Dr Tom Crisp, Sports and Orthopaedic Physician, Springfield Hospital, Chelmsford

Topics to be included:

- Hips and knees
- Back and shoulder pain
- Tendons
- Tennis elbow

17.15 Close

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