

# The Oxford Advanced Consultation Skills Course

---

**A 3 day residential, small group course for GPs; held in the historic Cumberland Lodge, amidst the splendour of Windsor Great Park.**

**20<sup>th</sup>-22<sup>nd</sup> October 2010**

This Course is aimed at taking participants beyond everyday consulting. It seeks to develop patient-centred, enabling skills, in particular working with patient types that GPs find most challenging. There is much evidence that such work makes for more accurate and satisfying consultations: with happier patients and their doctors alike!

**Directed by: Dr Chris Smith, GP and Associate Director, Oxford Deanery.**

## **Why do this course?**

Attendees should find this an interactive and above all, practical and learner 'bespoke' course that seeks to match support with challenge. The opportunity to spend 3 days networking with colleagues creates strong supportive groups. There is plenty to 'take home', to deliver results back in the consulting room. In particular the lovely surroundings serve to enhance the learning experience.

## **Who is this course designed for?**

- It is ideally suited for GP trainers both new to the role and experienced.
- Established GPs, GPs already familiar with standard consultation skills models will also find this course of great practical value. This is a fantastic opportunity to challenge yourself to try out new techniques and approaches in a safe environment.

## **Who should NOT come on this course!?**

- It is not suitable for GP registrars as this is not an introduction to consultation skills nor is it aimed at CSA preparation.
- A strong aversion to role-play would make this course very difficult for you! And, contrary to role-play critics, some of the situations created can feel very real and present significant challenge.

## What will be covered?

- Day 1 – Introductions, aims and objectives. An overview of consultation skills models and background including current developments. The afternoon then moves into more practical work in preparation for Day 2.
- Day 2 – in small groups, working with professional actors, to develop strategies and skills to manage challenging patients.
- Day 3 – mentoring/teaching skills: Applying elements from the course in ‘real’ co-mentoring tasks looking at consultations brought along by participants. Finally reflection and planning for what to take home and how to introduce future changes in consultation – usually whilst walking around the Great Park!

## How much does it cost?

- The course fee, which includes accommodation, is £495.00
- For applicants outside the Oxford Deanery area £745.00

## How do I book a place?

If you wish to attend the course, please fill in the slip below and return it as soon as possible with your payment to Sarah Claridge.

Places are limited and will be allocated on a first come, first served basis

✂-----

Sarah Claridge, GP Administrator, General Practice Department, Oxford Deanery, The Triangle, Roosevelt Drive, Headington, Oxford OX3 7XP. (Tel: 01865 740640, Fax: 01865 740641 E-mail: [gp\\_admin@oxford-pgmde.co.uk](mailto:gp_admin@oxford-pgmde.co.uk) )

I wish to attend the Oxford Advanced Consultation Skills Course at Cumberland Lodge from 20<sup>th</sup> – 22<sup>nd</sup> October 2010 and enclose my cheque for £495.00 (£745.00 for external applicants). Please make your cheque payable to ‘South Central Strategic Health Authority’.

Name .....

(Please put the name by which you like to be known, for your name badge)

Address .....

.....

.....

Tel No ..... Fax No.....

Email .....

*Any special dietary requirements.....*

*Towards a healthier future...*

